

what's in SEASON?

With the warmer weather, the farmers' markets return to communities across the Hudson Valley, bringing the season's freshest fruits and vegetables as well as locally produced meats, eggs, breads, cheeses, milk and artisanal goodies each week. From the first of the season's greens, garlic scapes and rhubarb, to the arrival of berries and the first ripe tomatoes, each week there's something new and delicious to taste. From asparagus to zucchini, apples to watermelon, here's a guide to what you'll find at the market as summer unfolds. It's time to welcome back the farmers!

VEGETABLES	JUN	JUL	AUG	SEP	OCT	NOV	DEC
ASPARAGUS						
BEANS, DRY			
BEANS, LIMA					
BEANS, SNAP			
BEETS
BEET GREENS			
BROCCOLI
BRUSSEL SPROUTS					
CABBAGE			
CARROTS	
CAULIFLOWER			
CELERY			
COLLARD GREENS	
CORN			
CUCUMBERS			
EGGPLANT			
GARLIC						
HERBS
KALE			
LEEKs			
LETTUCE
MUSTARD GREENS			
ONIONS	
PARSNIPS			
PEAS		
PEPPERS	
POTATOES	
PUMPKINS					
RADISHES			
RHUBARB					
SPINACH
SQUASH, SUMMER
SQUASH, WINTER			
SWISS CHARD
TOMATOES
TURNIPS			
TURNIP GREENS			
ZUCCHINI		
FRUITS	JUN	JUL	AUG	SEP	OCT	NOV	DEC
APPLES	
BLACKBERRIES			
BLUEBERRIES			
CANTALOPES					
CHERRIES						
CURRANTS					
GRAPES			
PEACHES	
PEARS			
PLUMS			
PRUNES					
RASPBERRIES	
STRAWBERRIES
WATERMELON			